

Alex HL Taylor

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EDUCATION

University of Sussex, MSc Experimental Psychology Distinction (BPS accredited)

- Achieved highest grade in cohort for statistics examinations (94,92,86) and ethics and methods examination (95)
- Utilised quantitative and qualitative analysis in SPSS and R for research project, to evaluate efficacy of an intervention designed to improve underprivileged students' sense of belonging at university, and make recommendations, achieving distinction grade (78)
- Collaborated with School of Psychology Inclusion and Diversity through school blog and collaboration with the department staff committee to update curriculum

Kings College London, BSc Mathematics 2:1 (69%)

- Pure Mathematics/CompSci focus, 9 first class module grades inc. 'Discrete Mathematics' (91) and 'Rings' (89)
- Achieved a 1st in individual project for 'Introduction to Programming' (Java) module, self-taught R for data analysis
- Negotiated successfully to take 3rd year Philosophy elective 'Mathematical Logic' based on capability gained from personal study, achieving a 1st (77)

Drayton Manor High School GCSE's 9 A* grades including Mathematics, Statistics, English Language & Literature

EXPERIENCE

EDI & Mental Health Specialist, Freelance

- Consulting, interviewing and writing for projects breaking boundaries in the mental health space
- Offering expert guidance and opinion on areas of specialism; system inequality, mental health issues and care for the diasporic populations in the UK, particularly the Black British population.
- Clients include Nimax Theatres, Afridiziak, and the Trauma Network podcast.

Surrey & Borders Partnership NHS Foundation Trust – Assistant Psychologist

- Supported the work of the Adult Eating Disorders Outpatients and Day Hospital services
- Co-facilitated MBT and CBT groups to promote patient recovery, building clinical skills in patient rapport and support, writing patient notes, and collecting and analysing standardised outcome measures, maintaining confidentiality and adhering to data protection regulations
- Collaborated with MDT on service improvement projects such as audit of Care-givers support group

University of Sussex School of Psychology – Research Assistant

- Independently conducted data analysis on an intervention designed to increase sense of belonging in higher education for ethnic minority and low socioeconomic status students, supporting Dr Easterbrook
- Utilised SPSS and R to conduct data cleaning, assumptions testing, factor analysis, logistic regressions and power analysis

Dimensions UK – Complex Needs Mental Health Support Worker

- Supporting people with complex mental and physical health needs to lead independent lives
- Providing person-centred care, utilising de-escalation, and crisis management techniques (PROACT-SCIPr-UK trained)
- Collaborating with physicians, family, and support team to promote high quality of life

180DC – Strategy Consultant, Autism Spectrum Disorder Charity

- Optimised growth of a developing London-based youth group charity for those with ASD
- Spearheaded strategy to maximise experience of the programme users by developing a Social Return on Investment study